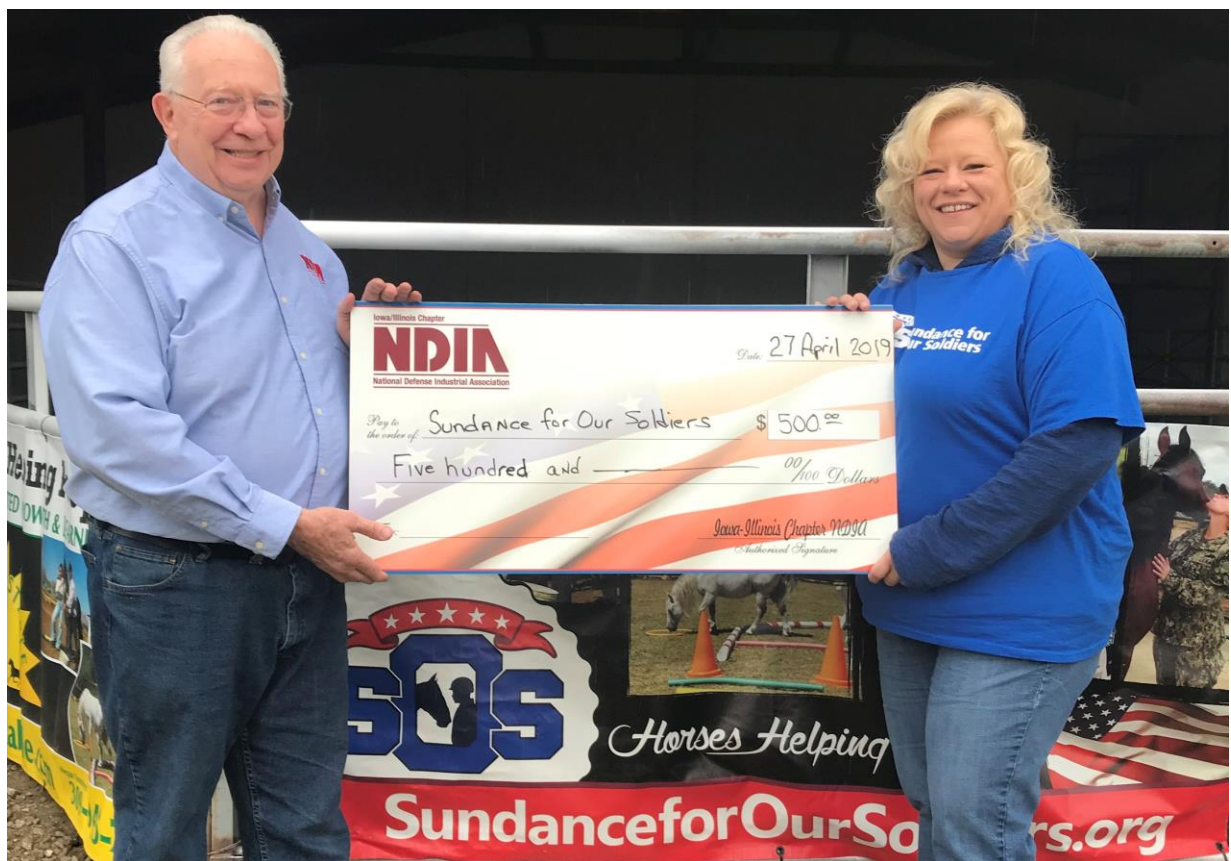


Donation to Sundance for Our Soldiers (SOS)

Sundance for Our Soldiers (SOS) was created to help soldiers and their dependents suffering from combat stress, PTSD or just need a healthy change in life. SOS uses Equine-Assisted Psychotherapy and Learning (EAL). With EAL there is no horseback riding and no horse experience needed. Equine-Assisted Services are a unique innovative approach to mental health therapy. Sessions consist of an Equine Specialist and a horse(s). The equine specialist creates activities to be completed with the horse based on the soldier's needs. Working with the horse(s) to complete an activity helps soldiers create metaphors and experience self-discovery. They report a clearer vision of themselves benefitting from a reduction in stress, domestic violence, divorce, and anger outbursts. Soldiers learn to become resilient of their PTSD through their process of engaging in Equine-Assisted Learning (EAL). SOS is the only horse therapy organization in this regional area that places focus on mental health.



The IA-IL Chapter, as part of its Community/Military Support effort, provided SOS \$500 (Officer Level Donation). Shown above is Mr. George B Rivard, Chapter President, presenting the ceremonial check to Ms Megan Sundeen, Executive Director and Equine Specialist, of Sundance for Our Soldiers, at their facility outside Galva, IL.